



CARBOHYDRATES



CARBOHYDRATES  
+ PROTEINS



MINERAL  
SALTS



PROTEINS AND  
AMINO ACIDS



WEIGHT CONTROL



SUPPLEMENTS



CHILDREN AND  
YOUNG ATHLETES

**infisport**  
SCIENCE NUTRITION

COLA

Cola

COLA+

Cola Plus

## GEL ORAL

Formulated to promote energy intake during exercise.

**I** GEL ORAL provides high glycemic index carbohydrates along with caffeine, L-glutamine, L-taurine, magnesium, zinc, vitamin E, C, B1 and B2.

Food supplement in gel with sugar and sweetener.

### INGREDIENTS:

Maltodextrin, water, glucose, L-taurine, L-glutamine (Kyowa Quality®), magnesium citrate, sodium chloride, acidifier: citric acid, thickener: apple pectin, acidifier: potassium citrate, caffeine, aroma, preservatives: sorbate potassium, sodium benzoate, sodium citrate, L-ascorbic acid (vitamin C), zinc gluconate, d-alpha-tocopherol (vitamin E), sweetener: sucralose, riboflavin (vitamin B2), thiamine hydrochloride (vitamin B1).

**I** RECOMMENDED DOSE: 1 sachet / day

### INSTRUCTIONS:

Take one sachet a day, followed by 100 ml of water in the moments of maximum intensity of effort.

### NET WEIGHT:

900 g (18 sachets of 50 g).

### WARNING:

Keep out of reach of young children. Store at room temperature in a cool dry area, away from direct light. Food Supplements must not be used as substitutes to a balanced, varied diet and a healthy life style. Do not take more than the recommended dose.

\* Contains caffeine (100mg/50 g). Not recommended for children or pregnant women.

Take the product with plenty of water to make sure the substance reaches the stomach. Warning of choking hazard for people with swallowing problems. Avoid consumption together with medications and other fiber-based food supplements.

BEFORE

DURING

AFTER



Kyowa  
Quality



PRODUCT MANUFACTURED WITH CERTIFIED  
SUPPLIER UNDER REGULATIONS:

GMP

ISO 22000

ISO 9001



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## GEL ORAL

### NUTRITIONAL INFORMATION:

	100 g	50 g**
Energy value	1006 kJ 241 kcal	503 kJ 120 kcal
Fat	0,01 g	0,005 g
Of which:		
Saturated	0 g	0 g
Carbohydrates	60 g	30 g
Of which:		
Sugars	23,48 g	11,74 g
Protein	2,07 g	1,04 g
Salt	0,77 g	0,38 g
VITAMINS:		
Vitamin E	4,8 mg (40% NRV*)	2,4 mg (20% NRV*)
Vitamin C	32 mg (40% NRV*)	16 mg (20% NRV*)
Tiamin (B1)	0,44 mg (40% NRV*)	0,22 mg (20% NRV*)
Riboflavin (B2)	0,56 mg (40% NRV*)	0,28 mg (20% NRV*)

\*NRV: Nutrient Reference Values

	100 g	50 g**
MINERALS:		
Magnesium	112,5 mg (30% NRV*)	56,3 mg (15% NRV*)
Zinc	3 mg (30% NRV*)	1,5 mg (15% NRV*)
Sodium	308 mg	152 mg
AMINO ACIDS:		
L-Glutamine	1000 mg	500 mg
L-Taurine	1000 mg	500 mg
OTHER SUBSTANCES:		
Caffeine	200 mg	100 mg



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\* Contains caffeine (150mg/50 g) Not recommended for children or pregnant women.

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