



CARBOHYDRATES



CARBOHYDRATES
+ PROTEINS



MINERAL
SALTS



PROTEINS AND
AMINO ACIDS



SUPPLEMENTS



CHILDREN AND
YOUNG ATHLETES

infisport
SCIENCE NUTRITION



Strawberry



Chocolate

TOP 50/50[®] RECOVERY 1:1 Leucina +

Formulated to promote recovery after exercise.

TOP 50/50[®] RECOVERY 1:1 LEUCINA+ combina carbohidratos de alto índice glucémico con proteínas de diferente velocidad de absorción en proporción 1:1, L-leucina (100% Ajinomoto Co.) y L-glutamina (Kyowa Quality®)

Powdered food supplement with sugar and sweetener.

INGREDIENTS:

Maltodextrin, dextrose, **MILK** protein (**WHEY** protein isolate (ISOLAC[®]) and emulsifier: **SOY** lecithin), **SOY** protein isolate (**SOY** protein isolate, emulsifier: **SOY** lecithin and agents with **SULPHITES**), hydrolyzed collagen protein, **MILK** protein (hydrolyzed whey protein isolate (OPTIPEP[®]) and emulsifier: **SOY** lecithin), strawberry powder, L-leucine (100% Ajinomoto[®]), L-glutamine (Kyowa Quality[®]), aroma, concentrated beet juice, potato starch, vitamin mixture (L-ascorbic acid, DL-alpha-tocopheryl acetate, nicotinamide, retinyl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, acid pteroylmonoglutamic, D-biotin, cholecalciferol, cyanocobalamin), sweetener: sucralose.

RECOMMENDED DOSE: 60-120 g/day.

INSTRUCTIONS:

Dissolve 4 good measures (60 g) in 250-400 ml of water and drink during the first 30 minutes after finishing exercise. Shake well to ensure product is completely dissolved. Contains measuring scoop.

NET WEIGHT:

1,2 kg (20 services).

ADVERTENCIAS:

Keep out of the reach small children. Store at room temperature in a cool, dry area, away from direct light. Food supplements should not be used as a substitute for a balanced, varied diet and a healthy lifestyle. Do not exceed the daily recommended dose.

BEFORE

DURING

AFTER



Ajinomoto Co.,
Pure Amino Acids

isolac
WHEY PROTEIN ISOLATE

Optipep[®]

PRODUCT MANUFACTURED WITH CERTIFIED
SUPPLIER UNDER REGULATIONS:





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TOP 50/50[®] RECOVERY 1:1 Leucina +

NUTRITIONAL INFORMATION:

	100 g	60 g	120 g
Energy value	1612 kJ 380 kcal	967 kJ 228 kcal	1933 kJ 455 kcal
Fats	0,8 g	<0,5 g	0,9 g
Of which:			
Saturated fatty acids	0,2 g	0,1 g	0,3 g
Carbohydrates	52 g	31 g	62 g
Of which:			
Sugars	22 g	13 g	25 g
Proteins	42 g	25 g	50 g
Salt	0,52 g	0,31 g	0,61 g
VITAMIN:			
Vitamin A	550 µg (69% NRV*)	330 µg (41% NRV*)	661 µg (83% NRV*)
Vitamin D	3,5 µg (70% NRV*)	2,1 µg (42% NRV*)	4,1 µg (82% NRV*)
Vitamin E	8,3 mg (69% NRV*)	5 mg (42% NRV*)	9,9 mg (83% NRV*)
Vitamin C	55 mg (69% NRV*)	33 mg (41% NRV*)	66 mg (83% NRV*)
Thiamin (B1)	0,75 mg (68% NRV*)	0,45 mg (41% NRV*)	0,91 mg (83% NRV*)
Riboflavin (B2)	0,97 mg (69% NRV*)	0,58 mg (41% NRV*)	1,2 mg (86% NRV*)
Niacin (B3)	11 mg (69% NRV*)	6,6 mg (41% NRV*)	13 mg (81% NRV*)
Vitamin B6	0,97 mg (69% NRV*)	0,58 mg (41% NRV*)	1,2 mg (86% NRV*)
Folic acid (B9)	138 µg (69% NRV*)	82,6 µg (41% NRV*)	165 µg (83% NRV*)
Vitamin B12	1,67 µg (67% NRV*)	1 µg (40% NRV*)	2,1 µg (84% NRV*)
Biotin (B8)	35 µg (70% NRV*)	21 µg (42% NRV*)	41 µg (82% NRV*)
Pantothenic acid (B5)	4,17 mg (70% NRV*)	2,5 mg (42% NRV*)	5 mg (83% NRV*)

AMINOGRAM FOR PRODUCT SERVICE					
ESSENTIAL AMINO ACIDS			NON-ESSENTIAL AMINO ACIDS		
	60 g	120 g		60 g	120 g
Leucine	1,84 g	3,68 g	Glutamic acid	3,97 g	7,94 g
L-Leucine (Ajinomoto [®])	1,20 g	2,40 g	L-glutamine (Kyowa Quality [®])	1 g	2 g
Isoleucine	1,24 g	2,48 g	Arginine	1,17 g	2,34 g
Valine	1,22 g	2,44 g	Aspartic acid	2,33 g	4,66 g
Lysine	1,76 g	3,52 g	Serine	1,10 g	2,20 g
Phenylalanine	0,82 g	1,64 g	Proline	1,76 g	3,52 g
Threonine	1,15 g	2,30 g	Alanine	1,37 g	2,74 g
Tryptophan	0,29 g	0,58 g	Glycine	1,68 g	3,36 g
Methionine	0,38 g	0,76 g	Tyrosine	0,59 g	1,18 g
Histidine	0,39 g	0,78 g	Cysteine	0,36 g	0,72 g

*NRV: Nutrient Reference Values



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TOP 50/50[®] RECOVERY 1:1 Leucina +

Formulated to promote recovery after exercise.

TOP 50/50[®] RECOVERY 1:1 LEUCINA+ combines high glycemic carbohydrates with proteins of different absorption speeds in a ratio of 1:1, L-leucine (100% Ajinomoto Co.) and L-glutamine (Kyowa Quality[®])

Powdered food supplement with sugar and sweetener.

INGREDIENTS:

Maltodextrin, MILK protein (WHEY protein isolate (ISOLAC[®]) and emulsifier: SOY lecithin), dextrose, SOY protein isolate (SOY protein isolate, emulsifier: SOY lecithin and agents with SULPHITES), defatted cocoa powder, hydrolyzed collagen protein, MILK protein (isolated WHEY protein hydrolyzate (OPTIPEP[®]) and emulsifier: SOY lecithin), L-leucine (100% Ajinomoto[®] Co.), L-glutamine (Kyowa Quality[®]), aromas, potato starch, sweetener: sucralose, vitamin mixture (L-ascorbic acid, DL-alpha-tocopheryl acetate, nicotinamide, retinyl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, acid pteroylmonoglutamic, D-biotin, cholecalciferol, cyanocobalamin).

RECOMMENDED DOSE: 60-120 g/day.

INSTRUCTIONS:

Dissolve 4 good measures (60 g) in 250-400 ml of water and drink during the first 30 minutes after finishing exercise. Shake well to ensure product is completely dissolved. Contains measuring scoop.

NET WEIGHT:

1,2 kg (20 services).

WARNING:

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TOP 50/50[®] RECOVERY 1:1 Leucina +

NUTRITIONAL INFORMATION:

	100 g	60 g	120 g
Energy value	1568 kJ 370 kcal	941 kJ 222 kcal	1883 kJ 444 kcal
Fats	2,2 g	1,3 g	2,5 g
Of which:			
Saturated fatty acids	1,2 g	0,7 g	1,4 g
Carbohydrates	43 g	26 g	53 g
Of which:			
Sugars	14 g	8,6 g	17 g
Proteins	42 g	25 g	50 g
Salt	0,48 g	0,29 g	0,58 g
VITAMIN:			
Vitamin A	550 µg (69% NRV*)	330 µg (41% NRV*)	661 µg (83% NRV*)
Vitamin D	3,5 µg (70% NRV*)	2,1 µg (42% NRV*)	4,1 µg (82% NRV*)
Vitamin E	8,3 mg (69% NRV*)	5,1 mg (43% NRV*)	10 mg (83% NRV*)
Vitamin C	55 mg (69% NRV*)	33 mg (41% NRV*)	66 mg (83% NRV*)
Thiamin (B1)	0,78 mg (71% NRV*)	0,47 mg (43% NRV*)	0,94 mg (85% NRV*)
Riboflavin (B2)	0,97 mg (69% NRV*)	0,58 mg (41% NRV*)	1,2 mg (86% NRV*)
Niacin (B3)	11,3 mg (71% NRV*)	6,8 mg (43% NRV*)	14 mg (88% NRV*)
Vitamin B6	0,98 mg (70% NRV*)	0,59 mg (42% NRV*)	1,2 mg (86% NRV*)
Folic acid (B9)	138 µg (69% NRV*)	82,6 µg (41% NRV*)	165 µg (83% NRV*)
Vitamin B12	1,67 µg (67% NRV*)	1 µg (40% NRV*)	2,1 µg (84% NRV*)
Biotin (B8)	35 µg (70% NRV*)	21 µg (42% NRV*)	41 µg (82% NRV*)
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AMINOGRAM FOR PRODUCT SERVICE					
ESSENTIAL AMINO ACIDS			NON-ESSENTIAL AMINO ACIDS		
	60 g	120 g		60 g	120 g
Leucine	1,72 g	3,44 g	Glutamic acid	3,70 g	7,40 g
L-Leucine (Ajinomoto [®])	1,20 g	2,40 g	L-glutamine (Kyowa Quality [®])	1 g	2 g
Isoleucine	1,16 g	2,32 g	Arginine	1,09 g	2,18 g
Valine	1,14 g	2,28 g	Aspartic acid	2,17 g	4,34 g
Lysine	1,65 g	3,30 g	Serine	1,03 g	2,06 g
Phenylalanine	0,76 g	1,52 g	Proline	1,65 g	3,30 g
Threonine	1,08 g	2,16 g	Alanine	1,28 g	2,56 g
Tryptophan	0,27 g	0,54 g	Glycine	1,57 g	3,14 g
Methionine	0,35 g	0,70 g	Tyrosine	0,55 g	1,10 g
Histidine	0,36 g	0,72 g	Cysteine	0,34 g	0,68 g

*NRV: Nutrient Reference Values