















HMB tablets

HMB with Vitamin B6.

HMB is a dietary supplement with anti-catabolic action to contribute to the maintenance and / or increase of muscle mass. Dietary supplement in tablet form containing HMB and vitamin B6.

IINGREDIENTS:

β-hydroxy-β-methylbutyric calcium, bulking agent: microcrystalline cellulose, anti-caking agent (magnesium stearate and talcum), pyridoxine hydrochloride (vitamin B6).

IRECOMMENDED DOSE: 3 tablets/day

INSTRUCTIONS:

Take 3 tablets per day (3 g HMB) with 200 ml of water 1-2 hours before starting exercise.

NET WEIGHT:

135 grams (90 tablets of 1,5 g).

IWARNINGS:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food Supplements must not be used as substitutes to a balanced, varied diet and a healthy life style. Do not exceed the recommended daily dose.











PRODUCT MANUFACTURED WITH CERTIFIED **SUPPLIER UNDER REGULATIONS:**























HMB tablets

NUTRITIONAL INFO:	100 g	1 Tablet	3 Tablets
VITAMIN:			
Vitamin B6	31,11 mg (2222% NRV*)	0,47 mg (33% NRV*)	1,40 mg (100% NRV*)

OTHER SUBSTANCES:				
HMB Ca (β-hydroxy-β-methylbutyric calcium)	70133 mg	1052 mg	3156 mg	
- HMB	66667 mg	1000 mg	3000 mg	

^{*}NRV: Nutrient Reference Values.