



CARBOHYDRATES



POST-EXERCISE



MINERAL SALTS



PROTEINS AND AMINO ACIDS



SUPPLEMENTS



CHILDREN AND YOUNG ATHLETES



Green apple

ND4[®] SACHET

Formulated to promote hydration, provide energy, and counteract catabolism.

ND4[®] combines carbohydrates in a 2:1 maltodextrin-to-fructose ratio, BCAA amino acids (100% Ajinomoto Co.) in a 6:1:1 ratio, L-glutamine (Kyowa Quality[®]), and sodium. Food supplement. Food supplement in powder.

INGREDIENTS:

Maltodextrin, fructose, sodium citrate, L-leucine (Ajinomoto Co.), L-glutamine (Kyowa Quality[®]), L-isoleucine (Ajinomoto Co.), L-valine (Ajinomoto Co.).

RECOMMENDED DOSE: 36-72 g/day

DIRECTIONS FOR USE:

Dissolve 1 sachet (36 g) in 750 ml of water. Shake well before use. Drink in small sips during training sessions and competitions lasting more than 60 minutes.

NET WEIGHT:

540 g (15 sachets of 36 g)

WARNING:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food supplements must not be used as substitutes to a balanced, varied diet. It is important to eat a varied and balanced diet and lead a healthy lifestyle. Do not take more than the recommended dose.

BEFORE **DURING** AFTER



Ajinomoto Co.'s
Pure Amino Acids

PRODUCT MANUFACTURED WITH CERTIFIED
SUPPLIER UNDER REGULATIONS:





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NUTRITIONAL INFORMATION:

	Per 100 g	36 g
Energy value	1430 kJ 338 kcal	572 kJ 135 kcal
Fat	0 g	0 g
Of which:		
Saturated	0 g	0 g
Carbohydrates	75 g	30 g
Of which:		
Sugars	50 g	20 g
Protein	7,5 g	3,0 g
Salt	3,2 g	1,3 g

	Per 100 g	Per 36 g
MINERALS:		
Sodium	1389 mg	500 mg

	Per 100 g	Per 36 g
AMINO ACIDS:		
L-Glutamine	2500 mg	1000 mg
L-Leucine	3750 mg	1500 mg
L-Valina	625 mg	250 mg
L-Isoleucine	625 mg	250 mg