



CARBOHYDRATES



CARBOHYDRATES + PROTEINS



MINERAL SALTS



PROTEINS AND AMINO ACIDS



WEIGHT CONTROL



SUPPLEMENTS



CHILDREN AND YOUNG ATHLETES



Orange - lemon

AMYLOPECTIN

Formulated for the energy intake and / or loading of carbohydrates before, during and after exercise.

AMYLOPECTIN is a food supplement without sugars based on amylopectins easy to dissolve in water and rapid absorption, ideal to take during and after exercise. Food supplement powder with sweetener.

INGREDIENTS:

Potato starch (95.6%), acidifier: citric acid, aromas, thiamine hydrochloride (vitamin B1), coloring: beta-apocarotenal, sweetener: sucralose.

RECOMMENDED DOSE: 40-80 g / day

DIRECTIONS FOR USE:

- Before exercise:

Dissolve 3 measures (40 g) in 300-400 ml of water.

- During exercise:

Dissolve 3-4 measures (40-53 g) for every 400 ml of water and drink 125-200 ml of the mix every 15-20 minutes.

- After exercise:

Dissolve 4-6 measures (53-80 g) in 400-800 ml of water and take small sips during the first half an hour after exercise.

Dissolution: Although its dissolves quicker than other carbohydrates currently on the market, its very high molecular weight means that it dissolves slower than sugar or glucose.

NET WEIGHT:

800 g powder (20 servings).

WARNING:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food supplements must not be used as substitutes to a balanced, varied diet and a healthy life style. Do not take more than the recommended dose.

BEFORE

DURING

AFTER





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NUTRITIONAL INFORMATION:

	100 g	60 g	120 g
Energy value	1555 kJ 387 kcal	622 kJ 146 kcal	1248 kJ 294 kcal
Fat	0 g	0 g	0 g
Of which:			
Saturated fatty acids	0 g	0 g	0 g
Carbohydrates	90 g	36 g	72 g
Of which:			
Sugars	0 g	0 g	0 g
Protein	0 g	0 g	0 g
Salt	0,03 g	0,01 g	0,03 g
VITAMINS:			
Thiamin (B1)	0,5 mg (45% NRV*)	0,2 mg (18% NRV*)	0,4 mg (36% NRV*)

*NRV: Nutrient Reference Values.

